



the **MixMASTER** the dallas observer arts & culture blog

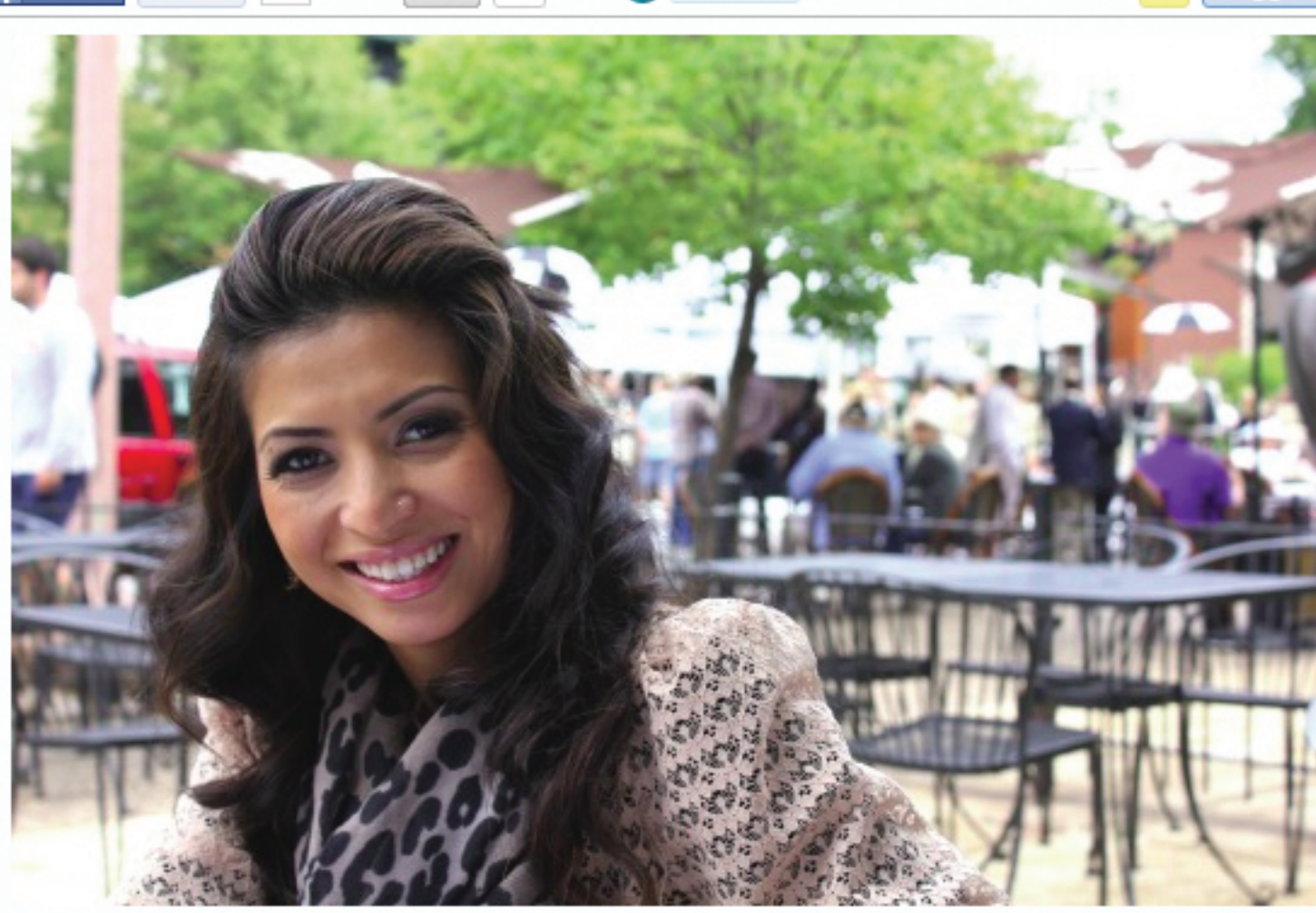
TOP blog STORIES

- MasterMinds**
Bring Out the MasterMinds, Y'all
By Merritt Martin
- WTF?**
The Ides of Farce: Rick Perry's Rejected Campaign Ideas
By Alexander Flores
- Halloween**
Horror Movie Countdown, October 7: *Scream*
By James Wallace
- Arts & Culture News**
ArtCon 7 Artist Notifications Coming Wednesday
By Merritt Martin

Fashion
Falling In Love with Fall Fashion, Part Three: Victoria Tran, Posh Nail Spa

By Kristy Yang Thu., Sep. 22 2011 at 3:59 PM
Categories: **Fashion**

Share Like 8 +1 0 Submit 1 retweet 0 Digg



Posh Nail Spa owner Victoria Tran
In parts **one** and **two** of our fall fashion series, we covered this fall's looks and necessities for the closet. What's the point of spending all your cash on a new wardrobe, however, if it's paired with dull, patchy skin and press-on nails from the '80s?

To help complete your new and polished look, we visited beautician Victoria Tran at her always-buzzing Posh Nail Spa in Uptown. From manicures to waxing, she gave us her tips on this fall's trends for grooming. Primp on past the jump.

On lashes...

Lashes, of course, are the fuller the better! Most people are turning towards lash extensions for this look instead of spending tons of money on expensive mascara. Clients need to do their research before choosing where to get lash extensions because bad products and skills can cause premature loss of your own lashes. So cheaper is not always the best case!

On this fall's hues...

Some of the trendy nail colors for the fall are shades of gray, green, navy and our most favorite bordeaux.

Both OPI and ESSIE have a great fall collection. Some of my favorites are OPI: Road House Blues (Deep Sapphire) and Uh-Oh Roll Down the Window (Olive Green); ESSIE: Power Clutch (Dark Grey with Green tint) and Carry On (Dark Purple with red undertones).



Grey nails for fall

On going natural...

Acrylics are not very popular due to the high demands of gel manicures. When women step into a salon, they [tend to] immediately ask for gel manicures. This particular manicure can last up to three weeks if done properly. People are wanting to go natural and apply gel colors after receiving a manicure or pedicure. Now there are over hundreds of colors to choose from compared to two years ago.

More and more men, also, are starting to get manicures and pedicures frequently. They realized that women are not the only ones that need grooming and this service is just not a treat, but more so a necessity.

On eyebrows going towards au naturel, as well...

Full eyebrows are definitely a trend now so don't wax your brows too thin. Just a clean up with a natural shape. Bikini wax is always a must! However, don't do the full Brazilian. Leaving a thin landing strip is much more sexy.



Tweezers hibernate for fall

On our biggest beauty mistake...

Skincare is not a big concern with Americans compared to European and Asian women. People here in the US like to spend a ton of money on expensive make-up and other beauty essentials but skip out on skincare products. I don't care how expensive your make-up may be, but if you don't have good healthy skin, it will not look very attractive. I always stress the importance of getting skin care treatments often (facials, microdermabrasion, peels, etc.) to my clients.

On protecting yourself during fall's falling temperatures...

In cooler weather, you would need to have a very good moisturizer that would hydrate the skin throughout the day. If you have combination to oily skin, then I would suggest having two types of moisturizer: A heavy moisturizer to use at night with anti-aging agents and a lighter moisturizer for daytime usage.



Protect your lips

Another essential product is a good lip balm. My favorites are MAC Lip Conditioner and then Burt's Bees for the all natural consumers. Last but not least, is a good hand cream that help seals in moisture to protect the hands and cuticles from the environment. One of my favorites is Neutrogena Norwegian Formula Hand Cream.

Follow the Mixmaster on [Twitter](#) and [Facebook](#).

Tags: **bikini wax, eyebrows, fall fashion, fall trends, nail color, skin care, tweezers**

Write Comment Email to Friend Print Article Like 8

More Links from Around the Web

- The Most Creative And Awesome Tattoos**
- You'll Never Regret If You See The Full Picture!**
- Some Cosplay Beauties Look Hallucinatory!**
- The Coolest Disney Princess Paintings Ever!**

Like DISQUS

Add New Comment

Optional: Login below.

Connect Twitter OpenID YAHOO! DISQUS

Type your comment here.

Most Popular Stories

- Viewed Commented Recent
 - Another Starlet as Marilyn, and 11 Other Magazine Cover Tropes We're Tired Of**
 - The Eight Most Iconic Cinematic Jackets ... and Where to Get Them**
 - Baroque Muppets Painting Is The One For The Ages**
 - Most Eligible Dallas Episode 6: The Wrath of Ginsburg**
 - Give Us Your Artists, Your Creatives, Your ... MasterMinds**
- More Most Popular...

FOOD FOR THOUGHT
VOICE DAILY DEALS Presented by Observer
Save up to 90% daily.

2011 Downtown Plano BEASTIVAL
Free Concert at 8PM
Tim Halperin
North Texas Singer/Songwriter and American Idol Finalist, Season 10

Mixmaster on Facebook
289 people like Mixmaster.
Kassidy Lisa Colleen Isabel Leonard

signup Sign up for free stuff, news info & more!
enter email

Dallas Classifieds

buy, sell, trade (7,128)	musician (1,050)
rentals (1,277)	jobs (1,149)
personals (1,760)	adult entertainment (15,657)

Slideshows

- Scenes from Dallas Arts District's Art in Motion
- A Haunted House Tour: Inside Deep Ellum's Slaughter House
- The Best Of Dallas 2011: Behind The Scenes

More Slideshows >>

Tools

Search The Mixmaster Search

Follow us on:

Categories... Archives...

2011 Downtown Plano BEASTIVAL
OCTOBER 22
10AM - 10PM
Great Food from Collin County's Leading Restaurants
• On Historic Downtown Plano's 15th Street
• Free Street Admission
• Live Local Entertainment on Stages All Day
• Official US Circuit Chili Cook-off

Free Concert at 8PM
Tim Halperin
North Texas Singer/Songwriter and American Idol Finalist, Season 10